



**Eastern Shore
Medical Weight Loss**

251-625-4030

Physician Supervised
FDA Approved Prescription Weight Loss

ADVENT Prayer Week 1

All-powerful God, increase our strength of will for doing good that Christ may find an eager welcome at His coming and call us to His side in the kingdom of heaven, where He lives and reigns with You and the Holy Spirit One God, forever and ever.

Amen

In the beginning was the



Our Lady of Lourdes Liturgy Committee

**KNIGHTS OF COLUMBUS
-AND-
LADIES AUXILIARY
#8740**




Our Lady of Lourdes Parish Hall
Tuesday at 6PM

DAUGHTERS OF MARY
WOMEN RENEWING FAITH AND FAMILY

MASS INTENTIONS

SATURDAY NOVEMBER 28
4:00 PM
BILL KENNY

SUNDAY NOVEMBER 29
8:30 AM
+ ANNE PFISTER CHAPMAN

11:00 AM
PARISHIONERS OF OUR LADY OF LOURDES

SATURDAY DECEMBER 5
4:00 PM
+LUCILLE KENNY

SUNDAY DECEMBER 6
8:30 AM
+ BILL DUMAS

11:00 AM
PARISHIONERS OF OUR LADY OF LOURDES

2020 Collections

Regular & Holy Days Collection
11/22/2020 \$2,617.00

2020 Total Regular Collection
\$169,810.87

Parish Project Collection
11/22/2020 \$40.00

2020 Total Parish Project Collection
\$33,186.00

Total for Campaign for Human Development \$298.00

Lector Schedule	Usher Schedule
December 5th & 6th	December 5th & 6th
Saturday 4pm <i>Sally Washington</i>	Saturday 4pm <i>Jerry Peloux</i>
Sunday 8:30am <i>Judy Moore</i>	Sunday 8:30am <i>Art Forward Harold Golemon</i>
Sunday 11:00am <i>Mary Kay Portella</i>	Sunday 11:00am <i>Lucien Lavallas</i>

Chiropractic Massage Esthetician



BODY MIND & SPINE

960 Schillinger Road South Suite D
251-522-9512
www.bodymindandspine.net



OUR LADY OF LOURDES
Catholic Parish

Welcomes



Fr. Prabhu Arockiasamy, H.G.N.
Pastor

NOVEMBER 29, 2020
FIRST SUNDAY OF ADVENT
CYCLE B YEAR 1

Mass Schedule

Weekdays of:
Nov. 30 – Dec 4
To Be Announced

Rosary
3:30 pm Saturday

Saturday Vigil Mass
4:00 pm

Sunday Mass
8:30am
11:00am

Sacrament of Reconciliation
Saturday
3:15pm—3:45pm
Or By appointment

Phone Number:
251-479-9885

Church Email:
ollparish@att.net

Deacon: Ed Connick



Bringing Home the Word

First Sunday of Advent (B)
November 29, 2020

The Rumble Strips of Advent

By Fr. Mark Haydu, LC

Beware that your hearts do not become drowsy! The sleepy apostles couldn't keep awake with Jesus and drifted off when he most needed them.

I have only fallen asleep at the wheel once. During college, I worked the morning shift starting at 6 AM. After a late night with little sleep, I sluggishly got into my car. Comfortably driving down the highway at about 5:15 AM, I dozed for a few seconds before awakening to the noise of my tires vibrating on the warning tracks—just in time to straighten the wheel and avoid the cement divider.

Sunday Readings

Isaiah 63:16b–17, 19b; 64:2–7

LORD, you are our father;
we are the clay and you our potter;
we are all the work of your hand.

1 Corinthians 1:3–9

God is faithful, and by him you were called to fellowship with his Son.

Mark 13:33–37

[Jesus said,] "May he not come suddenly and find you sleeping."

Advent is like those rumble strips. You don't always need them, they are annoying when you accidentally run over them, but they are very important!

We can get tired, trying to keep our hearts awake and attuned to Jesus. The rhythm of life, the background music of the world, the distractions that fly by us—they all contribute to the danger of a passive heart. Running across Advent is like a wake-up call: "Stay awake! He is almost here."

As in driving, there are many distractions vying for your attention, but you learn to focus on what's important. You survey your surroundings, looking for hazards while keeping your eyes on the road. There are many signs to read, but only certain ones point you where you want to go.

Jesus says to be attentive to the signs; learn to interpret their meaning. Understand them, without being distracted by them. Be vigilant, pray for strength, and stay awake and alert. Thanks be to God for those rumble strips! +

**Advent is like rumble strips.
They are annoying
when you run over them,
but are very important!**

A Word from Pope Francis

Take time, quality time. This means being ready to listen patiently and attentively to everything the other person wants to say...Often the other spouse does not need a solution to his or her problems, but simply to be heard, to feel that someone has acknowledged their pain, their disappointment, their fear, their anger.

—Amoris Laetitia, March 19, 2016



REFLECTION QUESTIONS QUESTIONS REFLECTION

- Do I believe there is a limited time to my life on earth?
- Since I do not know when Jesus will arrive, isn't peaceful awareness of his eventual return the smartest attitude?

Seafarers Christmas Bag Collection

OUR WISH LIST FOR CHRISTMAS BAGS

- Hats and scarves in dark colors
- Work socks, work gloves
- Mini sewing kit
- Pens & writing paper
- Nail clippers
- ChapStick
- Razors & shave cream
- Shampoo, comb
- Toothpaste, toothbrush
- Deodorant
- Playing cards
- Hand lotion
- Hard or boxed candy, gum, cough drops
- FULL SIZES, PLEASE, FOR TOILETRIES



A personalized Christmas Card would be nice too.

The Catholic Maritime Ministry has begun accepting donations for its Christmas "Bag" program. Items collected will be delivered to seafarers visiting Mobile during the Christmas season.

The above listed requested items can be dropped off at Our Lady of Lourdes at all masses starting this weekend. You can either put your items in a Christmas gift bag or just drop off what you buy and the ministry volunteers will fill bags.

The deadline for drop-off is December 6, 2020

Please contact David Ladnier at 251-375-4844 or Deacon John Archer at jarcher@mobarch.org with any questions.

Wait! Don't Skip Advent

By Kathleen M. Basi

Waiting is a pain in the neck. Throughout history, humanity has steadily progressed toward ways to make our lives faster and easier. We now can access information instantaneously in virtual worlds of this and that and have virtually forgotten that patience is still a virtue. Also falling by the wayside are the key concepts of stillness and reflection.

In short, everything the season of Advent invites us to explore goes against the very grain of today's fast-paced society.

In fact, Advent epitomizes another unpleasant quality: uncertainty. The early days of the Advent season reflect first on the triumphant return of Jesus at some unknown point in the future. Over and over we hear that we don't know the day or the hour. And I'm sure I'm not the only one who squirms in church, wondering if I'm living well enough to escape the "winnowing fans" and "unquenchable fires."

So, let's put this all together: Advent asks us to wait in uncertainty while sitting still so we can reflect on the experience. It's no wonder our culture has chosen to skip Advent altogether. Christmas sounds more certain, immediate, and lots more fun!

The season preceding Christmas is a microcosm of our human condition.



Yet Advent is a microcosm of our human condition. There have been plenty of seasons in my life when I have waited in uncertainty for affirmation or resolution to a problem. So often, I've prayed the "billboard" prayer. You know, what you really want is a billboard on the interstate that says in huge letters: "Hey, you! Yes, you! You've made the right decision! Quit second-guessing yourself!"

I know it sounds ridiculous, but God spoke out of a burning bush, didn't he? Parted the Red Sea? Threw manna down into the desert? When you think about it, a billboard doesn't seem like too much to ask for.

But the reality is that despite all those larger-than-life signposts, even the Israelites didn't get to leave Egypt and waltz straight into the Holy Land with the Messiah at the head of their nation. They had to wander around in the desert for a generation, encountering God, rejecting and accepting him time and again. Even after they got their Promised Land, they had to wait another few thousand years for their Messiah. And when he finally came, he looked so different from what they expected, it was impossible for many to claim him.

Then, as now, God's plan is revealed through processes. Those processes usually take a lot more time than we expect. Yet we can't skip over them, because it's in the uncertainty of the process that we encounter God. If we skip the waiting, we risk missing the point entirely. +

PRAYER

Lord, I have become distracted by the things of this world. Guide my steps and lead me safely back home to you. Help me to respond to the needs of others.

—From *Joyful Meditations for Every Day of Advent and the 12 Days of Christmas*, Rev. Warren J. Savage and Mary Ann McSweeney

Entrance: Come, Thou Long Expected Jesus

Come, Thou long-expected Jesus, born to set Thy people free.
From our fears and sins release us; let us find our rest in Thee.
Israel's strength and consolation, hope of all the earth Thou art;
dear desire of every nation, joy of every longing heart.

Born Thy people to deliver, born a Child and yet a King,
born to reign in us forever, now Thy gracious kingdom bring.
By Thine own eternal Spirit, rule in all our hearts alone;
by Thine all sufficient merit, raise us to Thy glorious throne.

First Reading: Isaiah 63: 16B-17, 19B; 64: 2-7

You, LORD, are our father,
our redeemer you are named forever.
Why do you let us wander, O LORD, from your ways,
and harden our hearts so that we fear you not?
Return for the sake of your servants,
the tribes of your heritage.
Oh, that you would rend the heavens and come down,
with the mountains quaking before you,
while you wrought awesome deeds we could not hope for,
such as they had not heard of from of old.
No ear has ever heard, no eye ever seen, any God but you
doing such deeds for those who wait for him.
Would that you might meet us doing right,
that we were mindful of you in our ways!
Behold, you are angry, and we are sinful;
all of us have become like unclean people,
all our good deeds are like polluted rags;
we have all withered like leaves,
and our guilt carries us away like the wind.
There is none who calls upon your name,
who rouses himself to cling to you;
for you have hidden your face from us
and have delivered us up to our guilt.
Yet, O LORD, you are our father;
we are the clay and you the potter:
we are all the work of your hands.

Responsorial Psalm: Psalm 80: 2-3, 15-16, 18-19

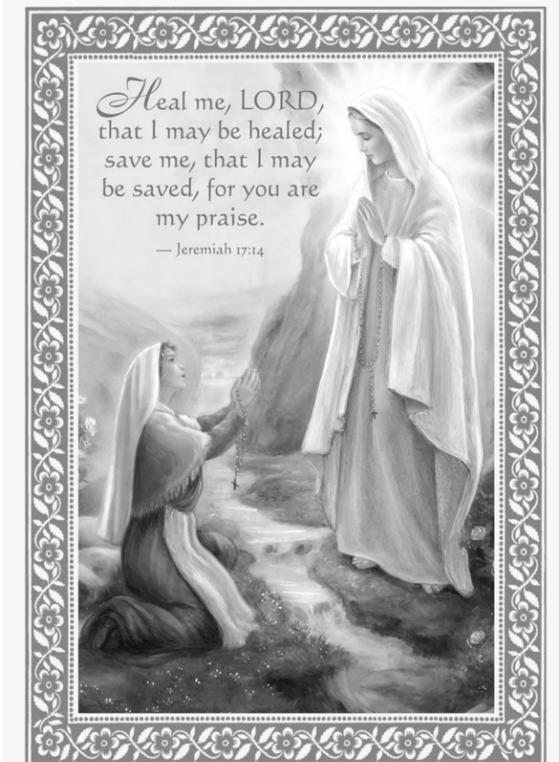
R: Lord, make us turn to you; let us see your face and we shall be saved.

O shepherd of Israel, hearken, from your throne upon the cherubim, shine forth. Rouse your power, and come to save us.

R: Lord, make us turn to you; let us see your face and we shall be saved.

Once again, O Lord of hosts, look down from heaven, and see;
take care of this vine, and protect what your right hand has planted,
the son of man whom you yourself made strong.
R: Lord, make us turn to you; let us see your face and we shall be saved.

May your help be with the man of your right hand,
with the son of man
whom you yourself made strong. Then we will no more withdraw from you;
give us new life, and we will call upon your name.
R: Lord, make us turn to you; let us see your face and we shall be saved.



WEEKDAY READINGS

November 30–
December 5

Monday, St. Andrew:
Rom 10:9–18 / Mt 4:18–22

Tuesday, Advent Weekday:
Is 11:1–10 / Lk 10:21–24

Wednesday, Advent Weekday:
Is 25:6–10a / Mt 15:29–37

Thursday, St. Francis Xavier:
Is 26:1–6 / Mt 7:21, 24–27

Friday, Advent Weekday:
Is 29:17–24 / Mt 9:27–31

Saturday, Advent Weekday: Is 30:19–21,
23–26 / Mt 9:35—10:1, 5a, 6–8

Bringing Home
the Word 
November 29, 2020

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Second Reading: 1 Corinthians 1: 3-9

Brothers and sisters:

Grace to you and peace from God our Father and the Lord Jesus Christ.

I give thanks to my God always on your account for the grace of God bestowed on you in Christ Jesus, that in him you were enriched in every way, with all discourse and all knowledge, as the testimony to Christ was confirmed among you,

so that you are not lacking in any spiritual gift as you wait for the revelation of our Lord Jesus Christ.

He will keep you firm to the end, irreproachable on the day of our Lord Jesus Christ. God is faithful, and by him you were called to fellowship with his Son, Jesus Christ our Lord.

Alleluia: Psalm 85:8

R. Alleluia, alleluia.

Show us Lord, your love; and grant us your salvation.

R. Alleluia, alleluia.

Gospel: Mark 13: 33-37

Jesus said to his disciples:

“Be watchful! Be alert!

You do not know when the time will come.

It is like a man traveling abroad.

He leaves home and places his servants in charge, each with his own work,

and orders the gatekeeper to be on the watch.

Watch, therefore;

you do not know when the Lord of the house is coming,

whether in the evening, or at midnight,

or at cockcrow, or in the morning.

May he not come suddenly and find you sleeping.

What I say to you, I say to all: ‘Watch!’”



I believe in one God,
The Father Almighty,
Maker of heaven and earth,
Of all things visible and invisible.
I believe in one Lord Jesus Christ,
The Only Begotten Son of God,
Born of the Father before all ages.
God from God,
Light from Light,
True God from True God,
Begotten, not made,
Consubstantial with the Father,
Through Him all things were made,
For us men and for our salvation
He came down from heaven,
And by the Holy Spirit
Was incarnate of the Virgin Mary,
And became man.
For our sake he was crucified under Pontius Pilate,
He suffered death and was buried,
And rose again on the third day
In accordance with the scriptures.
He ascended into heaven and is seated
At the right hand of the Father.
He will come again in glory
To judge the living and the dead
And His kingdom will have no end.
I believe in the Holy Spirit, the Lord,
The giver life, who proceeds from
The Father and the Son,
Who with the Father and the Son
Is adored and glorified,
Who has spoken through the prophets.
I believe in one, holy, catholic
And apostolic Church.
I confess one baptism
For the forgiveness of sins
And I look forward to the resurrection
Of the dead
And the life of the world to come.

Amen.

Presentation Hymn: Come, Emmanuel

Come, O God, within our hearts, within our souls.
Come, O God, with healing pow'r renew us.

Refrain

**Come, O come, Emmanuel. Open our hearts renew us.
Come, O come,
Emmanuel. Come in love and make us whole once more.**

Come, O Love, renew our lives and guide our minds.
Come, o Love, in pow'r revive your people.

Refrain

Come, O Light, and lead us on the road with you.
Come, O Light, dispel our deepest darkness.

Refrain

Communion Hymn: Waiting In Silence

Waiting in silence, waiting in hope; we are Your people,
we long for You, Lord.

God ever with us, Emmanuel, come, Lord Jesus, Maranatha!

Waiting in silence, waiting in hope; we are Your people,
we trust in Your love.

O Sun of Justice, true Prince of Peace, come with Your
justice, Lord, Maranatha!

Waiting in silence, waiting in hope; we are Your people,
Lord, we seek Your truth.

Wisdom Incarnate, teach us Your way; show us the path of
life, Maranatha!

Waiting in silence, waiting in hope; we are Your people,
we long for new life.

O Key of David, open our hearts. Give us new vision,
Lord, Maranatha!

Waiting in silence, waiting in hope; we are Your people,
our hearts thirst for You.

Flower of Jesse, bloom in our midst. Make us Your garden,
Lord, Maranatha!

Make us your garden, Lord, Maranatha!

Sending Forth: O Come, Divine Messiah

O Come, Divine Messiah, the world in silence waits the
day when hope shall
sing its triumph, and sadness flee away.

Refrain

**Sweet Savior, haste! Come, come to earth; dispel the night
and show Thy face,
and bid us hail the dawn of grace. O come, Divine Messia-
ah, the world in silence
waits the day when hope shall sing of triumph, and sad-
ness flee away.**

Thou'lt come in peace and meekness, and lowly will Thy
cradle be; all veiled in
human weakness, thy majesty we'll see.

Refrain



Anita Barclay, Campbell Berger, Katherine Berger,
Bethany Ann Boltz, Eddie Booth Sr., Logan Bowers,
Clement Boney, Jerry Boyes, Patrick Webb
Brownlie-Carey, Noli Causay, Teresa Coleman, Lee
Cooley, Peter Cooley, Bob Cooper, Anita Cowart,
Anne Davidson, Lemuel Dickinson, Daniel Dorriety,
Marquitta Dukes, John Dumas, Dodie Dumas, Johnny
Finch, Louise Frontz, Tim Frontz, Janet Gafford, Tony
Golemon, Ginny Johnston, MaryAnn Keith, Dennis
Keith, Liz Kilborn, Edward Kimbrough, Debora Klaus,
Nancy Klooz, Steven Kuszynski, Shirley Lacy, Michael
Langan, Alfred Leonard, Margie Lord, Rodney Lundy,
Shirly McDonald, Mary McKeough, Patricia McRoy,
Craig Miley, Archie Moore, Elaine Moore, Wally
Neese, Kenny Nixon, Tiffany Neese, Darlene
O'Rourke, James M. O'Rourke, Alex Paneda, Lita
Paneda, Scott Peck, Glenda Pose, Ursula Quintana,
Kaitlyn Reynolds, Dorothy Sanchez, Simon Schum,
Cindy Snow, Larry Snow, Tootie Spikes, Curtis
Steiner, Rita Steiner, Todd Stringfellow, Barbara
Thomas, Katelyn Tillman, Tyler Upton, Norma
Villanueva, Anna Visperas, Rudy Visperas, Melanie
Wacker, Albert Washington, Heather Washington,
Darlene Watson, Lou Watt, Brad Wells, Bubba
Williams, Bobby Zarate.

Special Intentions

Keith & Diana Holifield, Ken Kleinschrodt, Cheryl
Stewart,

(If you have Special Intentions you would like listed here (your name) and
remembered in prayer, please email the church office or write a note and
place it in collection basket)